



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

The Balearics Spanish Island Hiking & Discovery Adventure

Barcelona, Mallorca, Ibiza & Formentera

INTRODUCTION

Visiting Spain's Balearic Islands is simply delightful. Our tour explores Mallorca, Ibiza & Formentera Islands and the alluring Mediterranean lifestyle and culture. To top it off, we'll visit Barcelona allowing you to take in Barca's world renowned sites and of course tasty gastronomy and fine wines! Primarily a light hiking & sightseeing tour, we provide comfortable coastal-based 3 & 4-star hotels and diverse activities in beautiful landscapes, along breath taking coastlines and fill our days with activities, tasty regional food, wine and superb company. *Bienvenido a las Islas Baleares!*



WHAT TO EXPECT ON THIS ADVENTURE!

The trip is rated as an **easy to moderate hiking & cultural highlights tour**. Please read the hiking descriptions to determine if the level is suitable for you. Generally, it's a mix of scenic half-day hikes & visits to markets, villages and more. One should expect to be on their feet throughout the day. The hikes are not considerably long but expect a few hilly days (for great views!), coastal hikes and town / city explorations too. Comfortable hiking shoes are necessary and a day pack to carry your water, personal items and lunch / snacks. A hiking pole is recommended for the hillier sections of the trail and sections with stairs and stone steps. For the most part, you are able to adjust this tour to your own level!

WHAT IS INCLUDED IN YOUR TOUR

- 8 nights' accommodation in comfortable hotels in unique local settings (city, coastal and beach-based lodgings)
- 5 dinners (with wine or beer) and snacks (not lunch) during the hiking days (meals indicated as per itinerary below)
- Shuttles in comfortable private coach, local ferry boats, tram car and local taxis if required
- Return flights between Barcelona / Mallorca and Ibiza / Mallorca (**the tour starts and ends in Barcelona**)
- Guided full and half day hiking routes with options for easier days / opting out or riding the shuttle bus!
- Guided sightseeing excursions and entrances to monuments (as per itinerary)
- Boat adventure day with lunch & activities
- Tipping is included (for meals, transport and local historic guides)





Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

ITINERARY

Day 0 Departure from Home (Or continuation of travel from your destination).



Day 1 Arrival day / Barcelona

Bienvenido a Barcelona! Considered one of the most sought-after destinations and representing *all things* Español, this energetic city makes a great first night of our tour. This afternoon you'll meet and greet your trip leaders - allowing free time to explore and/or rest from your transatlantic flight. A welcome dinner and trip orientation is provided this evening and Adventurebug can make recommendations of what to see and do in this enigmatic city!

(Please note, airport transfers to the group hotel are not included, there are easy options available). Hotel: **4-star Hotel Silken Ramblas**, <https://www.hoteles-silken.com/en/hotel-ramblas-barcelona/> historic quarter / Dinner Inc.

RECOMMENDATIONS! *Barcelona Free Day Explorations*

On arrival day you are free to explore Barcelona at your own leisure and pace. We recommend strolling (or renting a bike), and heading to the beach promenades as well as walking up to Montjuic Hill where great views of the city are found - including the 1992 Olympic Stadium. Of course a visit to Barcelona is a must if you've not already visited some of the Gothic Quarter; Gaudi's architecture or Picasso's Museum, not to mention the main attraction, the Sagrada Familia - the most riotous holy building in Spain, if not Europe!



Day 2 Transfer to Mallorca & Palma Visit This morning we fly to Mallorca's wonderful capital, **Palma La Mallorca** on a short flight that's included with your tour. Upon arrival we'll take lunch followed by exploring *Palma* with our local guide discovering the city's best kept secrets enjoying Mallorca's unique and illustrious history - a wonderful introduction to the Balearic culture and history! After our walking tour, a short transfer brings us to our seaside hotel where we can swim, stroll along the coast and enjoy the sunset while sipping a Cava! **Hotel: 4-star Playa**

Marina (Coastal Based) <https://www.europe-hotels.org/hoteles/playa-marina/> Buffet Breakfast & Dinner included.



Day 3 Hiking Mallorca's Tramontana Today we enjoy a scenic hike through West Mallorca's incredible **Tramontana Mountain** landscapes. Our hike begins gently enough from the UNESCO declared village of **Es Capdella** as it passes the *Finca Galatzo* (a historic estate house) and ascends to the *Galatxo Valley*, for wonderful views of the Mediterranean Sea. We'll visit both inland and coastal towns and villages - capturing the essence of the Tramontana's incredible scenery and coastal

viewpoints. **Hotel:** Same as previous night / Breakfast & Trail Snacks only included today. **Hike rating:** Medium / 4 hours / 6 miles / up to 1500 feet elevation gain (*easier options available today!*).



Day 4 Mallorca Historic Villages & The Postman's Pathway A cobbled climb from *Banyalbufar* village over ancient terraces connects us to a pleasant forested path, the 'Cami des Correu' (*The Postman's Path*), all the way to *Esporles* village. This historic hike takes in some of Mallorca's most protected vegetation and offers sweeping views of the island! From *Esporles* we transfer by coach to *Valldemossa*, where a famous monastery and the homes of Chopin and George Sand can



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

be optionally visited later in the afternoon. *Valldemossa* is a strikingly beautiful medieval town of 2000 residents set in the foreground of lush olive and oak forests and dramatic Tramutana mountain scenery. After our visit, we'll carry on 40 minutes by coach to our home for two nights, the coastal gem of **Port de Soller!** **Hotel:** 3 star **Boutique Marina Soller** (beach front) <https://www.hotelmarinasoller.com/> Breakfast, Trail Snacks & Dinner included. **Hike Rating:** Medium / 4 hours / 5 miles / 1150 feet elevation gain



Day 5 Port de Soller – West Mallorca's Coastal Paradise

Port de Soller is a beautiful horseshoe bay nestled into Mallorca's Mediterranean Coast. Here we find wonderful beaches, an elegant promenade, tasteful tapas bars and pristine natural landscapes. This morning we enjoy a short hike to the inland town of Soller and its surroundings, taking in the unique history, architecture and natural features of the area. Later we'll travel in a traditional electric tram car, returning us to Port de Soller where you have a free afternoon at your leisure. Activities could include (*separate from the tour inclusions*), kayak, paddle boarding,

a sailing or yacht tour, fishing, shopping, museums or simply swim in the sea and/or relax on the beach. **Hotel:** Same as previous night / Breakfast & Trail Snacks included. **Hike Rating:** Easy to medium / 2 hours / 3 miles / 150 feet elevation gain.



Day 6 Ibiza Island Adventures

After breakfast we'll transfer to the Palma's Marine Port and depart by a hydrofoil jet ferry (2-3 hours), for **Ibiza Island**, the most southerly of the 3 main *Balearics* and known for incredible scenery, the bluest of blue seas and it's jet-setting visitors from around the globe! After arriving to *Ibiza* we'll have free time for lunch followed by a historic walking tour of *Ibiza old town* and take some time for personal sightseeing and souvenir hunting, with perhaps an extended stroll to some natural areas

around the village. Later we'll transfer a short distance by coach to our hotel base near the beach for the first of 3 nights on Ibiza. **Hotel:** 4 star **Eurostars Puerto IBIZA Town** / <https://www.eurostarshotels.co.uk/eurostars-puerto-de-ibiza.html?> Breakfast & Dinner included.



Day 7 Ibiza Panoramic Coastal Hiking

This morning, we'll explore Ibiza's unique natural and cultural features visiting both inland villages and hiking pretty coastal paths through pine forests, over flower-laden cliffs and down to secret coves glimmering with translucent waters and soft, golden sand. Throughout the morning, we'll find wonderful vistas and delightful places to enjoy a cool drink, sample some local tapas and seafood and swim in crystal blue waters! **Hotel:** Same as previous night / Buffet Breakfast & Trail Snacks included. **Hike Rating:** Easy to

medium / 4 hours / 4 miles approximately / 300 feet elevation gain



Day 8 Formentera Island and Boat Excursion

A visit to the **Balearic Islands** is not complete without exploring the lucid waters and sandy shores of **Formentera**, considered *the most laid-back Island of the Balearics*. We'll cruise the region on a tour boat designed with pleasure in mind – including a tasty lunch and opportunities for swimming, snorkelling, walking on Formentera Island itself and more! A full day out with land visits on a comfortable vessel (*shared with limited numbers of tourists*), making

our way to / from Formentera from Ibiza. Later this afternoon we return to our hotel for the final tour night



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

and a farewell happy hour & dinner celebration. **Hike Rating:** Mostly water activities and light hiking of up to a mile or so at a time / no real elevation gain.

Day 9 Ibiza to Barcelona / End of Tour Programme

This morning (pending group flight time), we have a return flight to Barcelona's El Prat International Airport, giving you plenty of time for onward travel home or to other EU destinations. *Hasta pronto we hope you have a safe, relaxing journey home!* Buffet Breakfast included.

ABOUT YOUR TOUR, WE INCLUDE:

Lodgings – We provide 8 tour nights' in quality 4 star (and one 3 star boutique), tourist hotels located in specially selected regions, historic city centre and coastal based. Rooms are based on double / twin sharing with limited single supplements available. All hotels have WIFI connections and most have swimming pools!

Meals – Please refer to the itinerary above as to what meals are included. Meals are generally taken within the hotel or walking distance. For lunches, we often source our own trail snacks or find tapas / cafes on route. *Balearic Island* cuisine is very healthy, diverse and holds plenty of flavor. Vegetarian needs can be met however special diets such as gluten free, vegan, etc. may be difficult to manage in some areas (*we recommend you bring supplements*). Normally dinners are served in courses or tasty buffets and a limited amount of wine, beer, soft drink, etc. are included. Mineral water is always provided with the dinners.

Transport on Tour – During the tour days, we have a private airconditioned coach for our use – and at times we may rely on local bus services and taxis for some transfers. There is also 1 x ferry transfer (3 hours) between islands included and we also have 2 internal flights (*from Barcelona to the Balearic Islands return*), included in the tour price. Note that baggage is restricted to 1 x 20 kg piece 44 pounds), and one carry on (light bag or backpack) of 8 kg max (17 pounds).

Airport Transfers - Arrival transfers to the hotel on day 1 are not included and a variety of inexpensive and easy (train, bus & taxi), options exist. On the final day the tour ends at Barcelona airport when we fly back to Barcelona from Ibiza.

Tour Start / Finish Location – This tour begins at our Group Hotel in Barcelona Historic Centre (as per itinerary) and it ends at Barcelona Airport (BCN), on the final day with a MORNING FLIGHT returning to Barcelona (from Ibiza), final time to be confirmed once the tour officially goes ahead.

Personal Money - Outside of the meals not included in your tour price, you will need to have Euros and these can be obtained from ATM machines or exchanged on route. Credit cards and contactless payments are widely expected but often paying for small amount purchases with credit card is not always accepted. *It's also convenient to have a few 1 euro and 50 cent euro coins with you for the ever-growing public WC facilities that now charge (throughout Europe).*

TELEPHONE AND INTERNET SERVICES IN MALLORCA

Credit Cards may be used for International calls or a Spanish or European SIM Cards (and ESims), can be purchased for a certain value. INTERNET WIFI is available in all hotels - including cafes and airports throughout the region. Please note, hotel wifi connection is always stronger in the common areas but not always guaranteed in rooms.

INSURANCE

Please ensure, as a condition of travelling with **Adventurebug Ltd.** that you have taken out *personal travel insurance* which covers you for illness, accident, injury, evacuation and general health insurance for travel in Europe. Adventurebug Ltd. does not cover any form insurance for our participants. Good private medical facilities can be found in all regions of travel on this trip. We also strongly recommend you extend your insurance to include Trip Disruption or Cancellation insurance in the event of change of plans, etc.



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

TIPPING

Tipping in the Balearic Islands is important for the local people but the expectation is much lower than in the USA. Generally tipping is 10% minimum on food and drink. In your holiday price, tipping for meals (*provided in your itinerary*), transport services, and local cultural guides are included. Tips for any porter services and housekeeping are not included.

GENERAL INFORMATION ABOUT TRAVEL to the Balearic Islands

The islands pose no great dangers in terms of risks to health. No vaccinations are required for visits to the Balearic Islands. We recommend you carry all your prescriptions from home and don't always expect to find the same items in a local pharmacy. Also include an extra pair of glasses.

Protection from the sun and dangerous UV rays is critical in the Balearics. Swimming in the sea is generally safe with the exception of stormy days and strong sea currents, which we'll avoid! Jelly fish are an issue in the summer months mostly. Spiny sea urchins can be problematic underfoot in some areas and your guide will be on hand to point this out. Generally crime is low in the region but as always be vigilant of pick pockets in the tourist areas of Palma.

In the past few tourist seasons, some small-scale demonstrations (protests) against tourism has occurred in Barcelona and Palma de Mallorca. No violence has occurred but some visitors report oddities such as being sprayed with water (and water pistols), and being talked negatively to. This is largely an anti-government protest with demonstrators rallying for cheaper housing and protecting the locals from rising costs due to tourism investment. The Spanish Government is actively seeking solutions for these issues and as of recent, there is a stronger security presence in popular tourist zones of Barcelona and Mallorca.

Electricity in the Balearics is based on 240 Volts and a standard central European plug is necessary.



YOUR GUIDING TEAM

Locally your trip will be guided by travel specialist Matt Butler of Adventure Bug Travel Worldwide



SPECIALIST TOUR OPERATOR / ADVENTUREBUG WORLDWIDE LTD.

Matt Butler will be your specialist guide and logistics coordinator. He was born and raised in northern Canada and was a former competitive cross country skier - competing at the National and International level and as a non-competitive forerunner for the Canadian Olympic Team in Calgary 1988. During his University years and beyond, he worked 9 seasons with Canada's Provincial & National Park services. He also worked in Public Safety Operations for Jasper National Park and contributed to Educational programs and Park conservation efforts in relation to glaciology. He later lived and worked as a teacher in Canada, Malawi, China, Great Britain and Spain before retiring from the profession and returning to his roots - guiding and adventure tours. Matt is the co-founder of Adventurebug Worldwide – an active holiday and adventure company as well as co-founder for Rifcom (www.rifcom.org), a non-profit charity that works with disadvantaged communities in rural Morocco. He also plays guitar and sings with LOS SURFIN MARIACHIS, a surf rock band based in Southern Spain. He resides in the Malaga coastal region, Spain with his British wife Julie and their 3 Spanish born children Alejandro, Willow and Fin.

CONTACT NUMBERS:

Adventurebug Worldwide is your specialist operator for this tour. Contact numbers are as follows:

Adventurebug 24 contact (mobile / cell)

+34 635 817 819

Adventurebug Office EMAIL

info@adventurebug.com

GUIDE – Matt Butler

+34 635 817 819